

Liz Burton Body Design Studio
Liability Waiver

It is expressly agreed that participation in personal training with Liz Burton shall be undertaken at the participant's sole risk. Liz Burton shall not be held liable for injuries or damages resulting from acts of active or passive negligence on the part of said trainer. Each participant, for himself/herself and family members, and on behalf of his/her executors, administrators and assigns, expressly releases, forever discharges and waives any claims against Liz Burton, their successors and assigns the owners, officers, employers and agents from all such claims, injuries, damages, actions or causes of action.

Cancellation Policy: All cancellations must be received at least 24 hours before your training session in order to avoid being charged for your session. Clients who do not cancel with 24 hours notice will be charged for the cancelled session. This will allow me the opportunity to offer that appointment to another client. If you need to cancel a session please call me at 317-250-3677. Thank you for your cooperation.

I: First Name _____ Last Name _____

Understand that participation in personal training can be dangerous, and that I have been warned of all risks association with this type of exercise. To the best of my knowledge I am in good health and have never been advised by a doctor not to engage in high intensity workouts.

Signature _____ Date _____

Parent/ Guardian if under the age of 18

Print Name: _____ Signature _____